

## 2017 AFTER SCHOOL FALL FLAG FOOTBALL

Go 4 It Athletics is a flag football program for 3<sup>rd</sup> – 5<sup>th</sup> grade boys and girls, with all experience levels. This 4 week long program includes 8 sessions and a flag football tournament to conclude the season. The tournament will also include participants from other schools. During the season the boys and girls will learn fun lead up games, rules and skills of flag football while also developing different character traits like sportsmanship, perseverance, integrity and teamwork.

**<u>\$99 Fee Includes:</u>** 8 after school sessions, 1 tournament (Saturday December 9th) with other schools, t-shirt with number and wrist band.

Online Registration: October 16<sup>th</sup> - November 7th

Season: November 6<sup>th</sup> - December 8th<sup>th</sup>

**Tournament Date: Saturday December 9th at Indian Trail Elementary School** 

## **Shiloh Elementary**

Days: Tuesdays & Fridays

Time: 2:00 - 3:00

Where: Shiloh Elementary

First Day: Tuesday November 7th

Coach: Mike Roy

## Sign-up and register at:

## go4itathletics.com

Contact: Trevor Young at <a href="mailto:trevor@go4itathletics.com">trevor@go4itathletics.com</a> or call 704.441.0527